



Certification in Holistic Health & Functional Medicine (Associate Equivalent)

Graduates of this degree track qualify for credentials of board certified:

- Certified Functional Medicine Practitioner
- Board Certified Holistic Health Practitioner
- Board Certified Integrative Wellness Practitioner

Program Summary

The Holistic Health & Functional Medicine Certification is a 6-week accelerated training designed to teach students how to identify the root causes of illness and create natural solutions for restoring balance in the body. Students explore nutrition, detoxification, mind-body connection, and the functional relationship between organ systems. Graduates learn to interpret the body's signals, apply functional healing techniques, and design individualized wellness protocols. This program prepares students for board certification through ACIS, AADP, or IBTHM, equipping them to practice as certified holistic health and functional wellness professionals.

Program Highlights

- 6-week structured online curriculum with weekly modules and assignments
- Hands-on case studies and wellness protocol creation
- Covers gut health, nutrition, detoxification, and energy balance
- Includes Holistic Health Starter Kit (on-campus students only)
- Eligible for Board Certification through ACIS, AADP, or IBTHM
- Business mentorship through The Holistic Health Practitioner module
- Alumni access to fast-track degree pathways

Curriculum

HHF-101 Introduction to Holistic Health Sciences

GEN-101 Anatomy & Physiology

HHF-103 Nutrition & Gut Health

HHF-104 Energy Medicine & Stress Regulation

HHF-105 Herbal Synergy in Functional Medicine

HHF-106 Clinical Case Studies & Wellness Design

HHF-107 Business & Ethics for Holistic Practitioners

HHF-108 Capstone Project (Functional Wellness Plan)



International Board of Trichology & Holistic Medicine (IBTHM)



Accreditation Commission for Integrative Sciences (ACIS)

Pathway Progression

Students completing this certification can seamlessly advance into:

- Bachelor of Science in Holistic Health & Functional Medicine, or
- Bachelor of Science in Herbal Science

All credits from this certification apply toward degree completion.



American Association of Drugless Practitioners (AADP)

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